

Jane's Fitness Pilates - Feedback

This information will be used to assess and improve your classes in the future.

Was the class (please circle):Too Hard About Right Too easy

Do you feel that you benefited from the class? Yes No

Which exercises/body parts would you like to do more of?

If you have any further comments about the class, please write them below:

If you wish, it would be fantastic if you could also write me a short testimonial for my website:

You may publish my testimonial (please circle):Along with my name Anonymously

Name (optional):

Thank you for your time, and I look forward to seeing you next week. Jane ☺